



2020 Summer Camp Weekly Themes

June 8 – 12

FUN WITH FOOD – Mom always says, “Don’t play with your food”, but that’s not the rule this week at enerGEEwhizz kids fitness! Activities will include cooking, nutrition education disguised as FUN, experiments with food...and of course, a little eating!

June 15-19

Technology – Why sit in front of your video games all Summer when you can be a part of making them! We will take a field trip to the Apple Store, design our own workouts on the enerGEEwhizz proprietary software, complete coding activities and learn how it all works! Fitness and technology are what makes enerGEEwhizz kids fitness fun!

June 22-26

CAMP Camp – Who says you can’t get a camping experience in the city? We’ll be “sleeping” under the stars, telling fireside stories, even making solar smores in the Sun! Weather permitting, full day campers (age 6 and up) will go kayaking with Chicago Kayak. Your kids will be ‘pitching a tent’ instead of ‘pitching a fit’ bored at home!

June 29 – July 3

An All American Blast – Hip, Hip, Hooray, It’s Almost Independence Day! We’re celebrating early with a week of activities all about the USA! Firecracker science, exploding rockets, confetti poppers, patriotic slime, and patriotic paint bombs are just a few examples of things we will be doing to have a bang-up time before the 4th of July.

July 6-10

Winter in July – Winter Fun is WAY better in July than January! From learning about arctic animals and building igloos to making snow AND a blizzard, this week is going to be SO COOL!

July 13-17

Mad Scientists – Put on your lab coats, because we are going to all become the craziest of all scientists this week. Mixing and testing and watching the reaction that various materials have together will be so much fun AND educational? From making slime to magic glitter and static electricity, this week will be full of fun and the most exciting science around!

July 20-24

Space Camp – We are heading TO INFINITY AND BEYOND! Leaving earth behind this week and learning all about the stars, sun, moon and planets. We'll be making rockets and constellations, moon dust and even role-playing as astronauts. We might even add a little alien activity to the mix! It's going to be such a fun and educational week that NASA is going to wish they were here!

July 27-31

Going for the Gold! – You don't have to travel to Tokyo for the Summer Olympics this year! enerGEEwhizz kids fitness has you covered with the MOST FUN week of Olympic themed activities. From making an Olympic torch experiment, to making our own decathlon, everyone is going to be a winner at enerGEEwhizz!

August 3-7

The Great Outdoors – There's so much to learn about nature this week and we are in just the place to learn about it! From the Urban Rivers ecosystems at Whole Foods to the nearby parks, we are going to explore Chicago's nature. We will be building a birdhouse, taking a scavenger hunt, and even fishing! Weather permitting, full day campers (age 6 and up) will go kayaking with Chicago Kayak.

August 10-14

Spies, Detectives, and Super-Heroes – We'd like to tell you more about this week, but it's "TOP SECRET"! Ok...here's some info. We're going to really dive into being spies and detectives, using fingerprint science, secret decoders, laser mazes and more. Then, we're going to train to be Super-Heroes with beyond human workouts and activities to save the world!

August 17-21

Your Best Self – It's getting close to school starting, so we are focusing on getting started for THE BEST YEAR EVER! This week will incorporate age-appropriate goal setting and vision boards, spreading kindness, developing character and overcoming some of the “not so nice” things we encounter. You're never too young to set the foundation to be the BEST YOU CAN BE!

August 24-28

All About H₂O – 71% of the Earth is covered in it, 60% of our bodies are made of it, and this week will be all about it. WATER!!! Urban Rivers will be teaching us about the Chicago River, we will make an ocean, make it rain, create a tornado, and even have a water balloon/water gun day! Weather permitting, full day campers (age 6 and up) will go kayaking with Chicago Kayak.

August 31 – September 4

Talent Show – We're “setting the stage” for a fun-filled week of dancing, improvisation, theater, magic and more! No talent? No problem! We're sure by the end of the week, you will have “tapped” into one you didn't even know you had!